



# GROW YOUR IDEA



**GALLIPOLI**  
MEDICAL RESEARCH FOUNDATION

INNOVATION GRANTS 2019  
**Information Booklet**

# GMRF Innovation Grants

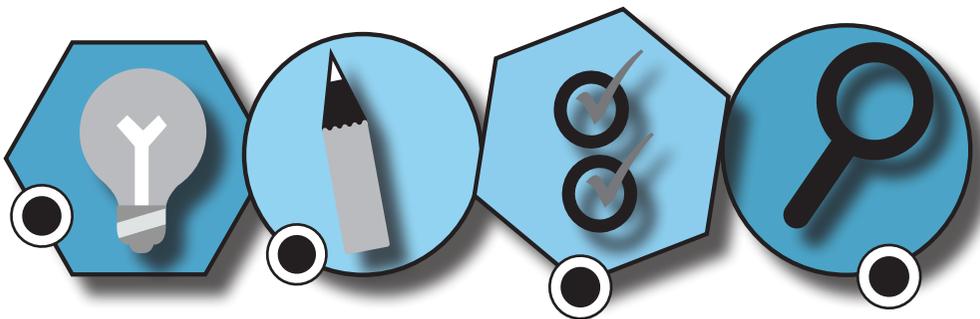
## Supporting Innovation in Greenslopes Private Hospital

- **Have you been sitting on an idea that you think could improve the way you do things?**
- **Heard or seen something in another hospital you would like to investigate more?**

The Gallipoli Medical Research Foundation (GMRF), based right here at the Greenslopes Private Hospital (GPH), wants to help you make your idea a reality. We will help you translate your ideas for improved outcomes for patients and carers with grant funding of up to \$15,000 available to members of GPH medical, nursing and allied health teams.

It's simple – it starts with an idea and then through support and coaching you can create a project and enter it into the GMRF Innovation Grants funding round for 2019.

## The process



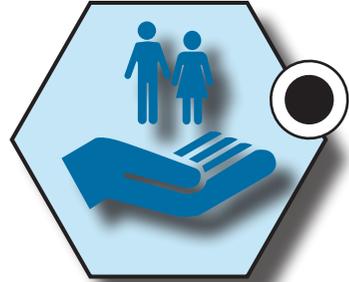
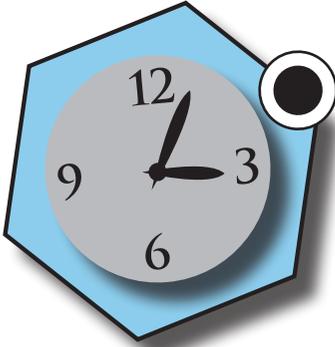
**Start with  
an idea**

**Plan your  
project**

**Execute  
your plan**

**Evaluate the  
outcomes**

# What's stopping you?



## **Time – “I’m too busy to commit to more work.”**

The funding will allow you to step away from your everyday tasks and test out your idea - the real-world research you undertake contributing to improved patient care. GMRF also recommends speaking to your manager to ask how they can help you.

## **Experience – “I’m not a researcher.”**

You do not need to have any research experience to be successful for an Innovation grant. Grants are awarded based on the merit of the project, not the professional background of the applicant.

## **Support – “It’s too big an undertaking for me.”**

GMRF will provide support and guidance through its ‘Design Lab’ workshops. This will assist you to identify important elements you need to cover in your proposal. If you are successful, a member of the GMRF team will be on hand to answer your questions and offer assistance as required.

# The impact

Thanks to the GMRF Innovation Grants Program, occupational therapist Carissa Bernal-Carrillo and staff at the Rehabilitation Unit are addressing the impact of cognitive impairment on orthopaedic patients undergoing rehabilitation

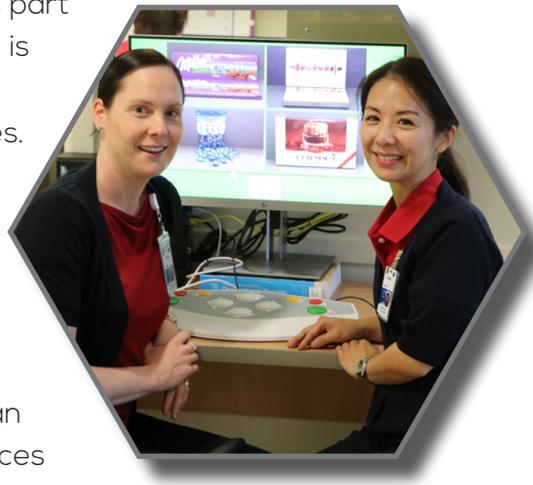
Carissa received a 2018 grant for a trial program, Rehacom, which assists therapists in rehabilitating patients in the areas of attention, concentration, memory, perception and function of day-to-day tasks.

“Based on research I’d conducted as part of my Masters, I found that cognition is an influential factor that impacts on patient’s length of stay and outcomes. The research also indicated that our orthopaedic patients often present with a mild cognitive impairment which is not routinely addressed as part of the rehabilitation process.”

“With a program like Rehacom we can potentially better identify the resources and therapy suited to a patient’s recovery as an inpatient and the services and supports a patient requires for discharge. It also allows us to start doing practice much earlier on, hopefully leading to patients getting home sooner.”

Carissa and her team aim to run the pilot program until early 2020 and review the results to determine the impact on patient outcomes.

“I’m grateful to be given the opportunity to research something with the potential to be such a benefit to a variety of patients. Not only could this help patients during rehabilitation, but also longer term living at home safely and with a better quality of life.”



# Ideas

## Looking for some ideas?

Some ideas to consider:

- Delivery of medications
- Preventing patient falls
- Improving patient comfort and recovery times.
- Work with patients and carers from other cultures
- Diversional therapies



## Taking the next steps...

1. Speak with your manager – go through your concept
2. Consider what you want the deliverables/outcomes to be for your project, what you will be able to measure.
3. How many people need to be involved in this project?
4. How much time will you really need? Remember to estimate realistically, you want to be able to complete your project.
  - Be specific in your aim and keep it simple.
  - Gain support from your direct supervisor or director for your application.
  - Ask yourself; what would you consider a successful outcome? Who will benefit?
  - Be clear and specific in your planning.
  - Set markers and parameters to measure outcomes against your objective.
  - Identify project participants and work as a team from the planning stages.
  - Allocate tasks and outline expectations.
  - You must identify the expected outcome.

# Plan

## **Time to plan.**

Include start date, milestones, and requirements.

## **Five key points to consider for your project**

### **1. Why?**

Consider why you are applying for an Innovation Grant and what you hope to achieve.

- Your project aim should be an overall statement of the purpose of your project.
- One aim is best – it'll help focus your ideas.
- Identify expected improvements and possible benefits that extend after completion of the project.
- Can it be used across the hospital?

### **2. What?**

Summarise what you will be doing and the expected outcomes.

- Objectives should have measurable outcomes and timelines.
- Decide what can be achieved and set your objectives, remember to be specific. Concrete objectives and outcomes are best.
- Outline current procedures/outcomes in your application and be clear in how your project will improve on these.
- Include the process for evaluation in your plan to measure progress and success.

### **3. How?**

Establish a project outline and details of how you plan to implement it.

- Think about the different parts of the project and how they will take shape.

- Develop a detailed work plan.
- Identify the resources you will need e.g. money, people, materials.
- Decide how you will identify and measure the outcomes.
- This way you can gather information as you go along rather than waiting until the end.
- Arrange to meet on a regular basis with team members as new issues may arise.

## 4. Who?

Determine who you'll need for the project and make sure the people involved are committed.

- Decide who will be in charge of the project and how it will be managed
- Ensure your manager supports the project.
- Consider finding a mentor to keep you on track and listen to your ideas.
- Determine if you need to employ a project officer to allow time for recruitment.



## 5. When?

Decide on a project timeline and make sure it is clear and achievable.

Map your project timeline on a calendar. Include; significant activities and key dates e.g. progress report and deadlines.

- Set aside enough time for each activity.
- Plan time to review the progress.
- If your project is applicable to other areas of the health system: assign time to distribute to other LHD and develop a communication plan.

# Execute

If you are successful for a GMRF Innovation Grant 2019, then it's time to put your plan into action. Grant recipients are given 12 months to implement their project and report the outcomes. GMRF will be on hand to answer any questions you may have during the implementation phase, and can provide information and advice in areas such as the ethics approval process, recruiting participants, and recording and analysing your data.

# Measure

Measuring the progress and outcomes of the project is an integral part of the Innovation Grant process. Grant recipients must lodge an Interim report in June 2020 to update GMRF on the progress of the project. After you have completed your research project, you must submit a final report and present at the GMRF Research Awards Night in October 2020.

# Key Dates

- Opening Date for Submissions: Monday, 1st July 2019
- Closing Date for Submissions: Friday, 9th August 2019
- Winners announced at the GMRF Research Awards evening on Wednesday, 2nd October 2019
- Interim Report for successful applicants: June 2020
- Final report by way of a scientific poster and presentation of findings: GMRF Research Awards evening in 2020.

# Program Conditions

## Important information when preparing your application

- Applicants may be either individuals or team members.
- Applicant individuals/teams must primarily work in Greenslopes Private Hospital.
- Presentation of findings at a clinical conference will be highly regarded by the selection committee and should be included in the budget.
- A letter of support for the project is required from your direct supervisor or Director.
- Applications should be emailed to enquiries.gmrf@ramsayhealth.com.au by COB, Friday 9th August 2019
- Grant applications will be assessed by the GMRF Clinical Advisory Panel and the decision of the panel will be final.
- Successful applicants will be required to provide a progress summary report by June 2020.
- All work on the project must be carried out in time for the 2020 Research Awards.
- Successful applicants will be required to present the outcome of their project with an oral presentation and poster during Research Week towards the end of the following year (GMRF will assist with poster preparation).
- Funding will not be provided for services considered core business of GPH.
- Funding cannot be used for tertiary education or other courses.
- Successful applicants will agree to the use of their image for publicity purposes.
- GPH and GMRF may publish the innovation on the hospital's website and in newsletters.

## Get Started Today

**To learn more and register your interest visit**  
**[www.gallipoliresearch.com.au/hospital-initiatives/  
gmrf-innovation-grants/](http://www.gallipoliresearch.com.au/hospital-initiatives/gmrf-innovation-grants/)**



**GALLIPOLI**  
MEDICAL RESEARCH FOUNDATION

Remembrance through research

## 2019 GALLIPOLI MEDICAL RESEARCH FOUNDATION INNOVATION GERANT APPLICATION FORM

### LEAD PERSON

Name: \_\_\_\_\_

Position: \_\_\_\_\_

Work Area: \_\_\_\_\_

Work No. \_\_\_\_\_ Mobile No. \_\_\_\_\_

Email: \_\_\_\_\_

Postal Address: \_\_\_\_\_

Suburb: \_\_\_\_\_ State: \_\_\_\_\_ Post Code: \_\_\_\_\_

### PROJECT TEAM (Who? Who you will need for the project)

Please include a complete list of project team members with your application.

For each team member please provide the following information:

\_\_\_\_\_

\_\_\_\_\_

Name, Position, Work Area, Facility – Employed, Work No., Mobile No. and Email

### PROJECT DETAILS

Project Title: \_\_\_\_\_

\_\_\_\_\_

Funding Requested: \$ \_\_\_\_\_

\_\_\_\_\_

### CHECKLIST – OFFICE USE ONLY

- Application Form  Project Submission
- Project Team List (if applicable)  Letter of Support from supervising officer

Panel Score:

- Approved
- Not Approved

Amount Awarded: \$ \_\_\_\_\_

Comments:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

### Tips

- Limit your application to 2,000 words
- Tables and figures should be appropriately labelled and clearly presented
- Use simple, direct and common Australian English and spelling

## PROJECT SUBMISSION

### NOTES

- If possible, your application should be no more than 2,000 words
- Use simple, direct and common Australian English and spelling
- Tables and figures should be appropriately labeled and clearly presented

## SAMPLE PROJECT LAYOUT

### PROJECT TITLE

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**AIM** (*Why? Why you are applying for a project grant and what you hope to achieve?*)

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**OBJECTIVES** (*What? What you will be doing and the expected outcomes of your project. Outline current procedures/outcomes and how your project will improve on these.*)

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**METHOD** (*How? Project outline and details of how you plan to implement it.*)

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**PROSPECTIVE TIMEFRAME** (*When? Project timeline*)

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## BUDGET

Please provide an itemised budget indicating how the grant will be utilised (e.g. salaries, publication expenses, administration costs etc). **The maximum value of the Innovation Grant is \$15,000.**

**Note.** No more than 10% of funding may be used towards items of capital expenditure, travel, accommodation or other similar expenses.

Examples:

	Cost
<b>1. Salaries/Wages</b>	Positions, grade, duration, FTE, etc. \$
<b>2. Administration</b>	Printing, binding, photocopying etc. \$
<b>4. Equipment</b>	Telephone, storage etc. \$
<b>5. Miscellaneous</b>	Any other costs \$
<b>TOTAL</b>	

## DISSEMINATION OF Project Options

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## REFERENCES

Download your  
Innovation Grant  
form online and  
email to GMRF

# INNOVATION GRANTS 2019



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MEDICAL RESEARCH FOUNDATION

Remembrance through research

## **Gallipoli Medical Research Foundation**

Greenslopes Private Hospital, Newdegate Street,  
Greenslopes QLD 4120 ABN: 42 077 750 693

T: 07 3394 7284 | F: 3394 7767

E: [enquiries.gmrf@ramsayhealth.com.au](mailto:enquiries.gmrf@ramsayhealth.com.au)

W: [www.gallipoliresearch.com.au](http://www.gallipoliresearch.com.au)

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The GMRF Innovation Grants is made possible  
by the generous support of -



**Greenslopes  
Private Hospital**

Part of Ramsay Health Care

**Thynne**   
**Macartney**